

TUSD BENEFIT ELIGIBLE EMPLOYEES

Employee Assistance Program



Help for Balancing Work and Life

Confidential help is available for a wide range of personal and work related issues

What types of problems are covered through EAP?

Jorgensen/Brooks EAP provides confidential assessment and brief counseling for issues such as:

Marital or Relationship Issues
Substance Abuse
Parent/Child Conflicts
Anxiety
Stress
Elder Care Issues
Child Care Concerns

Personal Emotional Issues
Depression
Grief
Workplace and Career Issues
Gambling
Co-Dependency
Financial or Legal Worries

What if I need services beyond the EAP?

Should you need assistance beyond the EAP, your counselor will help you connect with the right self-help group, behavioral health professional, attorney, physician, treatment center or other resource based on your need, financial needs or insurance coverage. Once referred, you are responsible for the cost of these services.

How many times can I use the EAP?

Jorgensen/Brooks EAP provides up to a pre-designated number of sessions per assessed problem, depending on the level of service agreement. If you experience multiple problems within a year, we encourage you to call again. However, EAP is not designed as a substitute for long term professional help or specialty treatment, or a substitute for court-ordered treatment.

What our clients say about us...

“The confidentiality of the program is excellent. We didn’t know who was using it, we just had the numbers. Our employees feel confident going there and sharing their problems, and knowing they were held in confidence was very important.”

- HR director, transportation organization

“There have been some win-win situations, both with the employee’s personal problems and in-house situations. There were positive solutions for both sides of the problem. Training the supervisors was very beneficial.”

- HR manager

Jorgensen  Brooks
GROUP

www.jorgensenbrooks.com

Call 24 hours a day

Tucson 575-8623

Toll Free 888-520-5400

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